



## Regular Meeting Minutes

**January 21, 2019 @12:30** in the Main Lobby of the Madison Health Department, 28 Walnut Street, Madison NJ.

Board Members: Libby Marotta, Christine McIntyre, Frank Iannarone, Lisa Ellis, Tricia Armstrong (Secretary)

Also Present: Allison Bardon, Esther (Pharmacy Intern), Jenna Atmeh (Coordinator), Thomas Downs (Chair).

### Approval of Previous Meeting's Minutes:

- Meeting called to order @ 12:35. November meeting minutes were approved.

### Application Renewal Update:

- Grant Cycle - the current one runs through June 2020. Jenna went over everything with Tom. She has increased the allocations in Teen/Young Adult Events and Family/Youth.

### New Fiscal Year:

- *Programming Ideas* - Libby shared that Tricia Baker (Coming Up for Air) will be returning on the 19th and 20th of April. She speaks to the 8th graders at MJS, in small groups, about her son's suicide. All of us are welcome to attend. There will be groups running throughout the day in the Media Center. The school will be paying \$1500 and MAASA will be contributing \$500. More information about hosting Carlos Ojeda in the future to follow.  
*Anyone else with program ideas please email Jenna.*
- *Brendan Gibbon's Mindfulness Training* will be our evidence-based program for 2020. The post test will be issued on Friday 1/24/2020.
- *Stephen Hill* - originally scheduled for 1/15 was rescheduled to 1/29 due to illness. MAASA will be tabling at the parent program in the evening.
- *Adult Population* - Brown Bag at the pharmacy was discussed. Past efforts along these lines have not really had any success. Collaborating with the Tri-Town 55+ Coalition would be a good idea. Will check in with John to brainstorm. No ideas were decided regarding to the 21 to 54 year old population.

### New Business:

- *Social Media* - Previous attempts to create a robust social media presence have been unsuccessful. Jenna is willing to run this effort. She would do Instagram and put up stuff like fact sheets, partner events etc.... We're all encouraged to send things to Jenna for posting. We still have a live Facebook group and this could be linked to the Instagram account.

### Other/Discussion:

- *Sticker Shock* - Frank will be visiting stores with the softball team next weekend.
- Alison has been focused mostly on admin stuff.
- Health Education - Jenna shared that there will be a *What to Expect with Total Joint Replacement* seminar @10:30 on Thursday, 2/27 at Rexford Tucker Apartments. All are welcome to attend. In addition, Madison Health Dept. is offering an 8 week program for Madison and Chatham Senior Citizens, *Active Living Everyday*, starting on 2/6 from 10:00 -11:00am. Please share this information with any people you think may be interested.

Meeting adjourned at 12:55

**Next meeting: Tuesday March 24, 2020 @12:30pm at Madison Health Department**